

# PUBLIC AUCTION

D/B/A



**BODIES IN MOTION, INC.**  
**5 DUNDEE PARK DRIVE**  
**ANDOVER, MASSACHUSETTS**

## "STATE OF THE ART" FITNESS FACILITY

### STRENGTH TRAINING EQUIPMENT

- **Cybox Machines Including:**
  - Multi Station, Low Row, Lat Pull Down •
  - Cable Crossover • Chest Press • Chin Up • Glute •
  - Standing Calf • Leg Press • Seated Leg • Leg Ext/Leg Curl •
  - Bent Leg Abdominal • Squat • Row/Rear Deltoid •
  - Overhead • Etc. •
- **Life Fitness Machines Including:**
  - Multi Trainer Cross Cable • Pectoral Fly, Rear Deltoid •
  - Hip Abductor • Leg Curl • Etc. •
- **Hammer Strength Machine:**
  - Dual Squat Rack w/ Weight Plates •
- **Marpo Kinetics Machine:**
  - Rope Trainer w/ D.O.R. •
- **Free Motion Machines:**
  - Double Crossover • Squat • Chest • Lat • Tricep • Deadlift •

### MISCELLANEOUS EQUIPMENT

- **Precor Stretch Trainer • Incline, Decline, Flat & Curling Benches •**
  - (3) **Century WaveMaster XL** Pro Training Bags •
  - **Century** Grappling Dummy • **Innovation** Power Slide •
  - (100) **Ivanko & PB** Extreme Dumbbells, 5# - 110# •
  - **Ivanko** Straight & Curling Barbells, 10# - 110# •
- **Don Oliver** Weight Plates & Barbells • **Weight Plate Tree Racks •**
  - Barbell Racks • Dumbbell Racks • Kettlebells • Body Bars •
  - (150) Aerobic Steps • Platform Jump Boxes •
  - Medicine & Fitness Balls •
- **Reebok** Core Training Balance Boards • Speed Bag •
- Work Out Mats • Ropes • Noodles • Etc. • Etc. •

### ELLIPTICAL TRAINERS

- **Precor EFX-576I** Elliptical • (2) **Precor EFX546I** Ellipticals •
- (2) **Precor AMT** Open Stride Ellipticals • (2) **Cybox Arc Trainer 620A** •

### TREADMILLS

- (7) **Life Fitnrx** Flex Deck Shock Absorption System Treadmills •

### STAIR CLIMBERS

- (2) **Stairmaster 7000 PT** Stepmills •

### BICYCLES

- **Star Trac** Prop Recumbent 9-6430 •
- (2) **Life Fitness** Mod. INR Recumbents •
- **Life Fitness** Mod. INC Upright • (2) **Schwinn AIRDYNE** Pro Assault •

- ★ (2) **Concept 2** Rowing Machines ★

### FURNISHINGS

- (76) 6' 2-Door Steel Lockers •
- (50) 6'x4' Rubber Floor Mats • 8' Roll Turf Mat •
- **Vizio** 60" Flat Screen TV • (9) **Vizio** 40" Flat Screen TV's •
- (2) **Detecto** Floor Scales, 350# Cap. •
- (4) 6' Formica 2D Storage Cabinets •
- **Sanyo** Undercounter Refrigerator • **HP PC** • **Air King** Fans •
- Shop Vacuum • File Cabinets • Waste Receptables • Etc. • Etc. •

### LIVE WEBCAST ONLY



CYBOX INCLINE LEG PRESS



CYBOX STANDING CALF MACHINE



CYBOX CHEST PRESS



LOCKERS



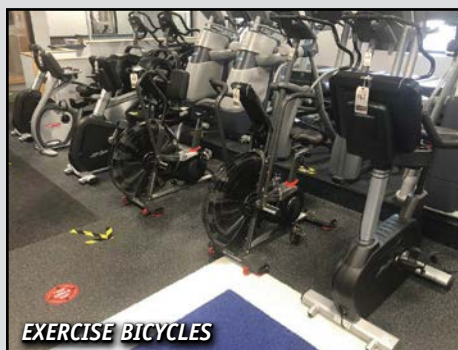
DUMBBELLS



DUMBBELLS



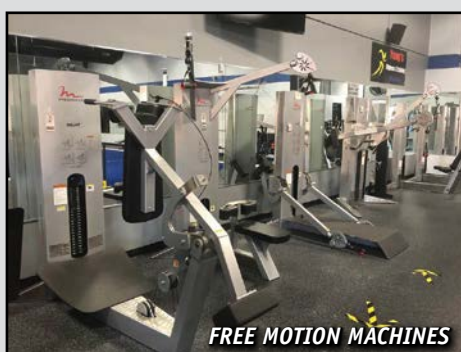
CONCEPT ROWING MACHINES



EXERCISE BICYCLES



PRECOR ELLIPTICAL MACHINES



FREE MOTION MACHINES



HAMMER STRENGTH DUAL SQUAT RACK



LIFE FITNESS TREADMILLS



LIFE FITNESS MULTI-TRAINER CABLE MACHINE



CYBOX MULTI STATION



STAIRMASTER STEPMILLS



VISIT OUR WEBSITE AT [WWW.POSNIK.COM](http://WWW.POSNIK.COM)

**Aaron Posnik**  
**AUCTIONEERS • APPRAISERS**



TRUSTEE'S SALE BY

# PUBLIC AUCTION

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"STATE OF THE ART"

## FITNESS FACILITY

- TREADMILLS • ELLIPTICAL TRAINERS • BIKES •
- STRENGTH TRAINING EQUIPMENT •
- LOCKERS • SUPPORT & OFFICE EQUIPMENT •

BODIES IN MOTION, INC.

(IN BANKRUPTCY CHAPTER 7, CASE NO. 20-41015-EDK)

D/B/A



5 DUNDEE PARK DRIVE  
ANDOVER, MASSACHUSETTS

TO BE SOLD BY LIVE INTERNET BIDDING ONLY

FRIDAY, DECEMBER 18<sup>TH</sup> AT 11:00 A.M. (ET)

SALE PER ORDER OF U.S. BANKRUPTCY COURT  
ATTORNEY JONATHAN R. GOLDSMITH, TRUSTEE  
OF THE FIRM OF GOLDSMITH, KATZ & ARGENIO, P.C.  
1350 MAIN STREET, SPRINGFIELD, MA

TERMS OF SALE: 25% DEPOSIT CASH, WIRE TRANSFER OR CERTIFIED CHECK  
3% BUYERS PREMIUM APPLIES ON ALL PURCHASES  
OTHER TERMS TO BE ANNOUNCED AT TIME OF SALE

INSPECTIONS: THURSDAY, DECEMBER 17<sup>TH</sup> – 10:00 A.M. TO 4:00 P.M.  
& MORNING OF SALE – 8:30 A.M. TO 11:00 A.M.  
BY APPOINTMENT ONLY

PLEASE CALL OR EMAIL OUR OFFICE AT INFO@POSNIK.COM

Aaron Posnik

AUCTIONEERS • APPRAISERS

Visit our Website @ [www.posnik.com](http://www.posnik.com)  
Toll Free 1-877-POSNIK-1 (767-6451)



Aaron Posnik & Co., Inc.  
31 Capital Drive  
West Springfield, MA 01089

RETURN SERVICE REQUESTED

Presorted  
First Class Mail  
U.S. POSTAGE  
PAID  
Permit No. 12  
Springfield, MA

LIVE WEBCAST ONLY

*BidSpotter.com*

MA Auc. Lic. #161  
PA Auc. Lic. #AY000241L  
Est. 1932

Aaron Posnik & Co., Inc.  
31 Capital Drive • West Springfield, MA 01089  
(413) 733-5238 (Fax) 731-5946

Aaron Posnik & Co., Inc.  
P.O. Box 247 • Malvern, (Philadelphia) PA 19003  
(610) 853-6655 (Fax) 853-6633

FRIDAY, DECEMBER 18<sup>TH</sup> AT 11:00 A.M. (ET)  
5 DUNDEE PARK DRIVE ANDOVER, MASSACHUSETTS

**TERMS OF SALE:**  
25% DEPOSIT BY CASH, CERTIFIED OR BANK CHECK, OR BANK WIRE TRANSFER. 3% BUYER'S PREMIUM APPLIES ON ALL PURCHASES. PERSONAL OR COMPANY CHECK ACCEPTED ONLY IF ACCOMPANIED WITH A BANK LETTER GUARANTEEING PAYMENT. EXAMPLE OF BANK LETTER OF GUARANTEE: THIS BANK GUARANTEES PAYMENT TO AARON POSNIK & CO., INC. ON ACCOUNT # \_\_\_\_\_ UP TO THE AMOUNT OF \$ \_\_\_\_\_ FOR PURCHASES MADE AT BODIES IN MOTION, INC. D/B/A YANG'S FITNESS CENTER AUCTION TO BE HELD ON FRIDAY, DECEMBER 18<sup>TH</sup>. NO PURCHASE REMOVED UNTIL COMPLETE SETTLEMENT IS MADE. OTHER TERMS TO BE ANNOUNCED AT TIME OF SALE.

**SALES TAX:**  
MASSACHUSETTS SALES TAX LAWS APPLY.  
DEALERS BRING COPY OF EXEMPT CERTIFICATE.  
**BID LIVE BY PHONE:**  
CALL US BY WEDNESDAY, DECEMBER 16<sup>TH</sup> TO SET UP THE DETAILS.  
**BID LIVE BY INTERNET:**  
VISIT OUR WEBSITE AT POSNIK.COM OR BIDSPOTTER.COM FOR INSTRUCTIONS ON BIDDING ONLINE.

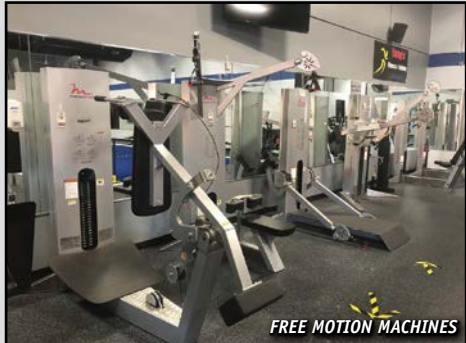
**BID BY MAIL:**  
IF YOU CANNOT ATTEND THIS AUCTION ONLINE WE WILL BE HAPPY TO RECEIVE YOUR BID ON THE ITEMS THAT YOU DESIGNATE (IF YOUR BID IS SENT BY MAIL OR FAX AND RECEIVED BY OUR OFFICE AT LEAST 24 HOURS PRIOR TO THE COMMENCEMENT OF THE SALE). IF YOU WISH TO BID BY MAIL, KINDLY PROVIDE A COMPLETE LIST OF THE ITEMS DESIRED AND ENCLOSE A 25% DEPOSIT BY CERTIFIED CHECK. YOU WILL BE RESPONSIBLE FOR PURCHASES IF YOU ARE THE HIGH BIDDER, UNDER THE TERMS AND CONDITIONS TO BE ANNOUNCED AT TIME OF SALE. IF YOU ARE THE SUCCESSFUL BIDDER, WE WILL NOTIFY YOU WITHIN 24 HOURS OF THE SALE AND YOU MUST MAKE PAYMENT OF THE BALANCE DUE BY WIRE TRANSFER TO OUR BANK WITHIN 24 HOURS OF NOTIFICATION. IF YOU ARE UNSUCCESSFUL IN YOUR BID, YOUR DEPOSIT WILL BE RETURNED TO YOU WITHIN 72 HOURS OF THE SALE.

**IMPORTANT NOTE REGARDING THE AUCTION & INSPECTIONS:**  
WE ARE DOING OUR BEST TO ENSURE OUR STAFF AND CUSTOMERS ARE AS SAFE AS POSSIBLE. IF YOU WISH TO INSPECT THE ASSETS, WE ASK THAT YOU MAKE AN APPOINTMENT SO WE MAY TAKE THE NECESSARY PRECAUTIONS TO MAINTAIN HEALTH AND SAFETY PROTOCOLS. PLEASE MAINTAIN 6' DISTANCE BETWEEN YOURSELF AND OTHERS. PLEASE DO NOT ATTEND IF YOU ARE EXPERIENCING ANY SYMPTOMS OF ILLNESS OR HAVE BEEN EXPOSED TO SOMEONE WHO HAS, OR HAVE TRAVELLED OUTSIDE OF THE UNITED STATES IN THE LAST MONTH. MASKS REQUIRED. PLEASE CONTACT OUR OFFICE AT 413-733-5238 OR EMAIL INFO@POSNIK.COM FOR MORE DETAILS. (PLEASE ALLOW 24 HRS FOR A RESPONSE).

THE INFORMATION DESCRIBED IN THIS BROCHURE IS CORRECT TO THE BEST OF OUR KNOWLEDGE BUT WE CANNOT GUARANTEE SAME. IT IS FOR THIS REASON THAT BUYERS SHOULD AVOID THEMSELVES OF THE OPPORTUNITY FOR INSPECTION PRIOR TO THE SALE.



LIFE FITNESS TREADMILLS



FREE MOTION MACHINES

### BID FROM THE COMFORT OF YOUR OFFICE!!!

You can bid on the equipment in the following ways:

- **LIVE PHONE BID:** Call us by WEDNESDAY, DECEMBER 16<sup>TH</sup> to set up the details\*
  - **INTERNET BID:** Visit [posnik.com](http://posnik.com) or [bidspotter.com](http://bidspotter.com) to register online.\*
  - **PROXY BID:** Call us and we'll be happy to fax you a proxy bid form. Fill it out, fax it back and we'll bid on your lot for you.\*
- \* We must receive a 25% deposit of all proxy and phone bids before the auction to secure your bid.

To Bid Online Visit  
[www.posnik.com](http://www.posnik.com) or  
[www.bidspotter.com](http://www.bidspotter.com)

Webcasts Powered by  
*BidSpotter.com*

- TREADMILLS •
- BIKES •
- ELLIPTICAL TRAINERS •
- STAIR CLIMBERS •
- STRENGTH TRAINING EQUIP. •
- ROWERS •
- FREEWEIGHTS & DUMBBELLS •
- BENCHES • LOCKERS •
- ETC. • ETC. •

Aaron Posnik

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